

### **Abstract**

The invention provides a compact and disposable toothbrush containing its own supply of toothpaste. The toothbrush assembly is simple, has relatively few parts and can be manufactured economically. The credit card shape of the toothbrush assembly allows it  
5 to be carried easily, for example, in a shirt pocket. The toothbrush assembly also can include other features for personal grooming including a mirror. The flat surfaces of the invention also are well suited for the printing of graphics for advertisement or other promotional uses.